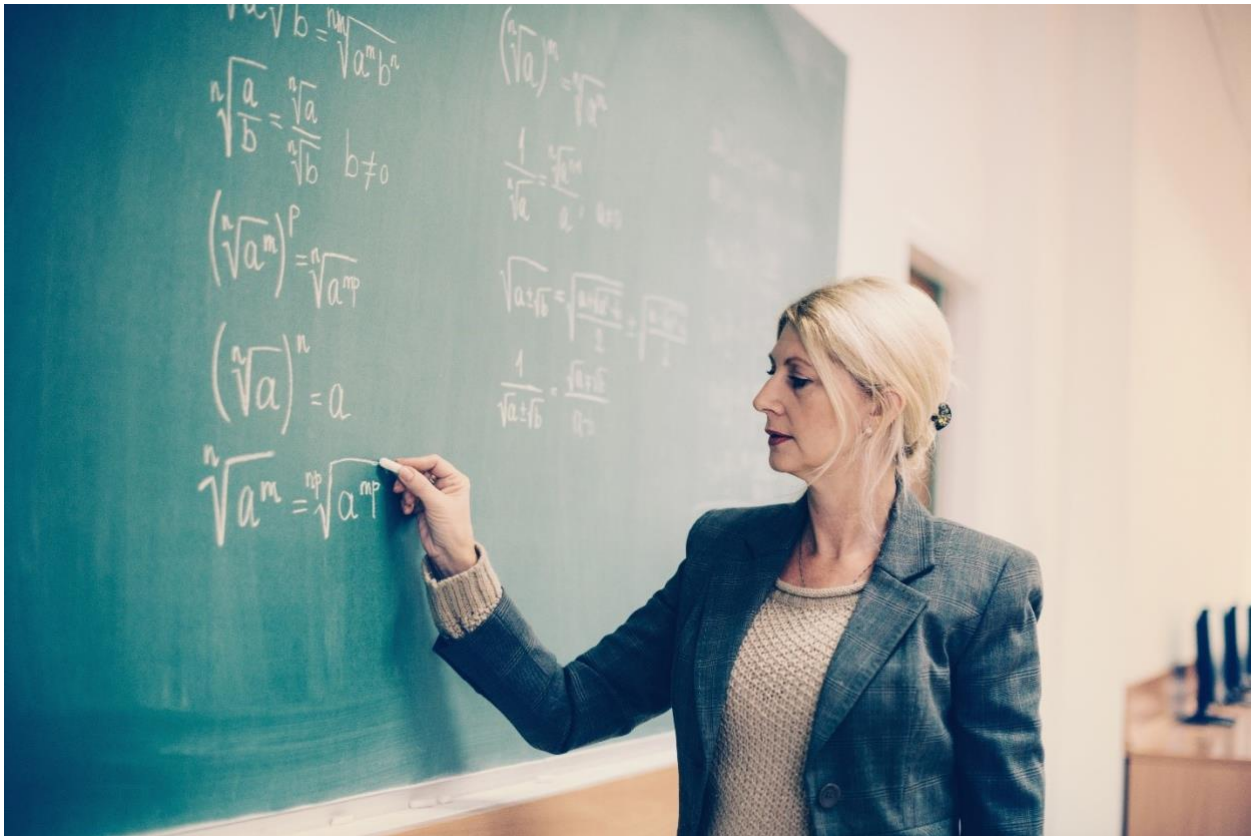


Medical and Dental Benefits for Educators Health Alliance (EHA) Retirees



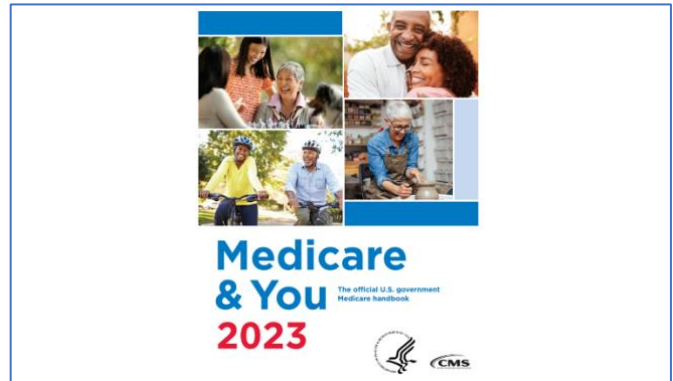
Blue Cross and Blue Shield of Nebraska (BCBSNE) is pleased to help you make the transition to Medicare. This handout is a resource for the 2023 Educators' Medicare Supplement presentation, which will be provided via in-person seminars and online webinars in October and on November 20. For individuals who cannot attend one of the sessions, a recorded version will be available in mid-December at EHAPlan.org/Retiree-info.

The presentation covers the basics of traditional Medicare, Medicare prescription drug coverage, the Educators' Medicare Supplement plans with BCBSNE and helpful Medicare resources.

Traditional Medicare

Medicare is the federal health insurance program for those who are 65 or older, people with disabilities or those with end-stage renal disease. Traditional Medicare includes two parts, Part A (hospital services) and Part B (medical services). As an EHA retiree, you may enhance your Medicare coverage by purchasing an Educators' Medicare Supplement plan.

Medicare Part D (prescription drug coverage) is not part of traditional Medicare and will be discussed later in the presentation.



Medicare Part A is referred to as hospital coverage because it covers hospital care and services when a member is admitted to a hospital for at least 24 hours, is admitted to a skilled nursing facility or receives home health services or hospice care.

Medicare Part A

Premium: Generally, no cost to the beneficiary

-  Inpatient hospital care and services
-  Skilled nursing facility care
-  Home health care services
-  Hospice care

In most cases, Part A is provided at no cost to EHA retirees, but you should speak with your local Social Security office about your specific situation.

When considering your health care coverage options, it is important to understand how Medicare works and, more specifically, your anticipated costs if you elect Medicare coverage without a supplemental plan.

Medicare Part A benefits are different from calendar year plans that you are accustomed to with your EHA school plan. Part A coverage runs on benefit periods that begin when you are first admitted to a hospital and ends 60 days after your last day of inpatient status. The first 60 days of inpatient status at a hospital are subject to the **\$1,600** deductible. If you do not purchase an Educators' Medicare Supplement plan, you will be responsible for this amount.

The 60-day benefit period may be broken up by different stays at a hospital, so long as your break between stays is less than 60 days. For example, a weeklong hospital stay in January and a second weeklong stay in February will be considered part of the same benefit period, and you pay the \$1,600 deductible once. A 61-day break between hospitalizations will start a new benefit period and you will need to pay \$1,600 a second time.

If your benefit period extends to days 61-90, you will be responsible for a **\$400** daily copayment if you do not purchase an Educators' Medicare Supplement plan. Days 91 and above are subject to a **\$800** daily copayment, up to the 60-lifetime-reserve day limit.

If you are admitted to a skilled nursing facility (SNF) following a 72-hour inpatient stay at a hospital, Medicare will pay for days one to 20 at 100%. Medicare will cover charges at a SNF up to a maximum stay of 100 days, and you will be responsible for a **\$200** daily coinsurance payment if you do not purchase an Educators' Medicare Supplement payment.

Medicare Part B is referred to as medical coverage because it covers outpatient medical services and may include office visits, X-rays, labs, etc. In 2021, Part B services are subject to a **\$226** deductible that runs from Jan. 1 through Dec. 31. Services are typically subject to 20% coinsurance after you satisfy your deductible. Part B premiums are based on your income from the past two years and may range from \$164.90 to \$560.50 per month.

Medicare Part A – Hospital Insurance

- Hospital Deductible: \$1,600 per benefit period
 - Days 1-60: Medicare pays 100% after you meet your deductible
 - Benefit period begins when first admitted and ends 60 days after discharge
 - Days 61-90: You pay \$400 per day
- 60 Lifetime Reserve Days
 - Day 91-until lifetime reserve days are exhausted: You pay \$800 per day

March 1 Admitted	>	March 7 Discharged	>	April 7 Readmitted	=	Same Benefit Period No Extra \$\$
March 1 Admitted	>	March 7 Discharged	>	May 15 Readmitted	=	New Benefit Period Start New Deductible

Medicare Part A – Skilled Nursing Facility

Three-day hospital stay required before admission

- Days 1-20: Medicare pays 100%
- Days 21-100: You pay \$200 per day for coinsurance

	March 1-3	March 4-23	March 24 – June 21
Event	Admitted to Hospital	Days 1-20 at SNF	Days 21-100 at SNF
Your Cost	\$1,600	Free	\$200 per day

Medicare Part B – Medical Insurance



- Covers outpatient care (less than 24 hours)
 - Office visits, X-rays, labs, etc.
- Deductible: **\$226** per calendar year
- Coinsurance: You typically pay 20% of the Medicare-approved amount after you meet your deductible

Prescription Drug Coverage

To ensure you have complete health care coverage, you will want to find a Medicare Part D (prescription drug coverage) plan that meets your needs. If you do not elect Medicare drug coverage when you are first eligible, you will pay a late enrollment penalty if you decide to enroll later, and the penalty lasts as long as you have Medicare prescription coverage.

Standard prescription plans vary with each insurance carrier and medications are subject to the member's deductible and coinsurance.

Members are responsible for paying a monthly premium for the plan and a share of the cost for each medication.

Insurance carriers have unique prescription drug lists that cover specific generic and brand-name medications. You will need to review all your medications when comparing different prescription plans.

Not every pharmacy gives the same pricing for the prescription drugs that you take. Be sure to choose a pharmacy that participates with your Part D drug provider to get the lowest-cost coverage.

Coverage Gap (aka Donut Hole)

You enter the "donut hole" once you and your plan combined spends \$4,660 on medications (including deductible). While in the coverage gap, you will pay up to 25% of the cost of covered medications until your out-of-pocket amount is \$7,400. After you have paid \$7,400, you enter Catastrophic Coverage and pay no greater than 5% coinsurance.

Stage	What You Pay 2023 Out-of-Pocket	What Your 2023 Drug Plan Pays
Deductible Stage	\$505	\$0
Initial Coverage Stage	Your co-pay amount or coinsurance (until you and your drug plan reach a total of \$4,660)	The majority of the cost
Donut Hole Stage	25% of the cost of your drugs; \$7,400 total out-of-pocket max.	75% of the drug cost
Catastrophic Stage	The greater of: 5% of the cost per Rx or \$4.15 for generics \$10.85 for brand-names	The bulk of the cost for the rest of the year

Educators' Medicare Supplement Plan

As an EHA retiree or spouse, you may purchase an Educators' Medicare Supplement plan with dental coverage to complement your Medicare coverage if you satisfy one of the following:

- Work at an EHA school until age 65+
- Work at an EHA school until age 50-64 with 60 months of continuous EHA coverage and enroll in a Direct Bill plan until Medicare eligible
- A member in good standing with NSEA-Retired and are enrolling in Medicare Part B as an initial enrollee

You may choose between two Educators' Medicare Supplement plans, Plan F or G. Both plans offer the same benefits for Medicare Part A (Hospital) services; the only difference between the two plans is that you will be responsible for the **\$226** annual Part B (Medical) deductible if you elect Plan G. The benefits of your Educators' Medicare Supplement plan include:

- **Hospitalization:** Part A coinsurance plus 365 additional days after Medicare benefits end
- **Medical Expenses:** Part B coinsurance (generally 20% of Medicare-approved expenses) or copayments for hospital Educators' Medicare Supplement plan. Routine services (Coverage A) are covered at 100% if services are

Benefits	Plan F	Plan G
Basic benefits, including 100% Part B coinsurance	✓	✓
Skilled nursing facility coinsurance	✓	✓
Part A deductible	✓	✓
Part B deductible	✓	\$226
Part B excess (100%)	✓	✓
Foreign travel emergency	✓	✓

received from a network provider. All other dental services are subject to your deductible and coinsurance. Medicare Supplement plans do not allow dependents, so if your spouse is on your current plan, they may sign up for their own plan. Children are not eligible to be on a Medicare supplement plan.

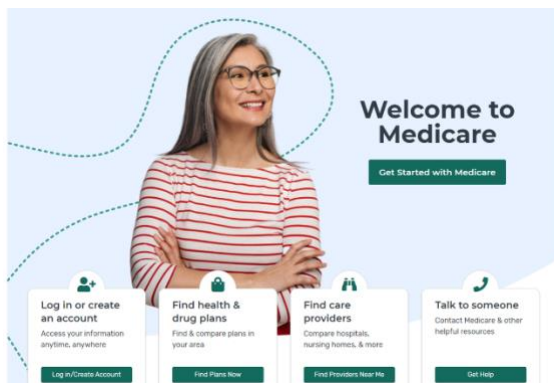
Educators' Medicare Supplement Plan Rates

Effective Jan. 1, 2023

Educators' Medicare Supplement Plan F Monthly Premiums		
Age Bracket	Without Dental Coverage	With Dental Coverage
Through age 66	\$184.74	\$228.55
Age 67-69	\$204.27	\$248.08
Age 70-74	\$240.05	\$283.86
Age 75-79	\$279.46	\$323.27
Age 80-84	\$298.20	\$342.01
Age 85+	\$309.46	\$353.27

Educators' Medicare Supplement Plan G Monthly Premiums		
Age Bracket	Without Dental Coverage	With Dental Coverage
Through age 66	\$170.70	\$214.51
Age 67-69	\$188.75	\$232.56
Age 70-74	\$221.81	\$265.62
Age 75-79	\$258.22	\$302.03
Age 80-84	\$275.55	\$319.36
Age 85+	\$285.94	\$329.75

Resources



If you have any questions about Medicare, please visit [Medicare.gov](https://www.Medicare.gov) or call 800-633-4227 to speak with a Medicare representative.

You may also contact your local Senior Health Insurance Information Program (SHIIP) by visiting doi.nebraska.gov/consumer/senior-health, calling 800-234-7119 or by emailing DOI.SHIP@nebraska.gov to receive assistance from their volunteer staff.

Visit EHA's website at ehaplan.org/retiree-info to watch this presentation again and to access current plan documents.

Please call 800-991-5650 to speak with one of our EHA-trained agents about an Educators' Medicare Supplement plan or to review your prescription drug coverage with BCBSNE.